

# Tales from the Nest

Week of  
January 9, 2023

## MTSS Spotlight

In our last Hawk Talk session students worked on goal setting. Students discussed how to choose goals. They reviewed the process for making SMART goals.

- S - specific
- M - measurable
- A - attainable
- R - realistic
- T - time specific

Students then had a chance to create a SMART goal for themselves.

## High School Course Selection

Last week, our current 8th graders received information about high school course selection and their recommended classes. If students have any further questions, they should sign up to meet with the scheduling team on the sign up provided at lunch. Please look over you child's selections. Registration forms are due this Friday 1/13/23.

## Semester 2 Reminders

This Thursday marks the beginning of the second semester of the 22-23 school year. It is a great time to review and refresh and to set ourselves up for success as we begin the second half of our academic year.

It is a good time to check your child's schedule and make sure they are prepared for any schedule changes. Make sure that school supplies are stocked up. Help your child set positive goals for academics and behavior for the rest of the school year.

If you have a school issued chromebook make sure it working and it has been connected to the school wifi recently. School chromebooks are required for statewide testing that occurs in the spring.

In general use this week to reset yourself and start the second semester with an eye on success.

## MATHCOUNTS

The UMS MATHCOUNTS team competed in their first competition this past weekend. The UMS team did an amazing job. Individually, UMS students earned 20 of the top 27 spots. UMS teams also earned 1st, 2nd, 3rd and 4th place. We look forward to seeing them continue to succeed as the competitions continue this winter and spring.



## PTSA Reflections Program

Congratulations to the following students for moving up to the Frederick County Level of the Reflections Contest!

- |                    |                         |                       |                               |
|--------------------|-------------------------|-----------------------|-------------------------------|
| • Arianie Dey      | 7th Grade - Visual Arts | • Shriya Nandanavanam | 6th Grade - Film Production   |
| • Ankita Kashyap   | 6th Grade - Literature  | • Vihaan Ruparel      | 7th Grade - Literature        |
| • Anya Khirbat     | 7th Grade - Visual Arts | • Neel Singh-Miller   | 8th Grade - Music Composition |
| • Vrishabh Kolluru | 7th Grade - Photograph  | • Amrutha Thalla      | 6th Grade - Literature        |

## Calendar Updates

- January 10 - End Term 2
- January 11 - No School for Students
- January 12 - Begin Term 3
- January 13- Staff vs Student basketball game (rescheduled)