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State Superintendent of Schools

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From: Mike Mason, Content Specialist for Physical Education  
To: Coordinators and Supervisors of Physical Education  
Re: No Exemption from Physical Education

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This is to advise you that under the Maryland State Board of Education regulations, 13A.04.13.01, there is no exemption from physical education K-8. Physical Education must be provided to all students each year. However, there are modifications one may make based on the physical limitations or medical condition of the student.

Students may participate in a modified program of physical education based upon individual needs. This would require an individual program be adapted to assist students with any necessary modifications. This program would have to be approved by the parent or guardian, physical education teacher, supervisor, and local school system for these modifications to be developed.

If I can be of further assistance, please contact me at 410-767-0524. Thank you for continued cooperation.