

# CAREER AND TECHNOLOGY EDUCATION

## Life Skills in the Family 7.00 Grade Life Skills

### Standard

### Indicators

#### *Family*

<b>FACS.LS7.10</b>	<b>Evaluate the significance of family and its impact on the well-being of individuals and society.</b>
FACS.LS7.10.01	Analyze the function of the family unit
FACS.LS7.10.02	Analyze the family structure and its impact on relationships within the family
FACS.LS7.10.03	Analyze the impact of the individual on family relationships.
FACS.LS7.10.04	Analyze the stages of the family life cycle.
FACS.LS7.10.05	Evaluate conditions affecting individuals and families with a variety of challenges such as aging and/or disabilities.
FACS.LS7.10.06	Demonstrate communication skills that contribute to positive family relationships.
FACS.LS7.10.07	Demonstrate teamwork and leadership skills in the family
FACS.LS7.10.08	Demonstrate management of individual and family resources including food, clothing, living environment, health care, recreation, and transportation.
FACS.LS7.10.09	Demonstrate management of time, money and energy resources to meet the goals of individuals and families across the life span.
FACS.LS7.10.10	Analyze factors in developing a family budget and spending plan.
FACS.LS7.10.11	Plan appropriate recreational activity to meet the needs of family and the constraints of the family budget.

#### *Child Development*

<b>FACS.LS7.20</b>	<b>Integrate the knowledge, skills and practices required of individuals caring for children.</b>
FACS.LS7.20.01	Analyze the factors that impact human growth and developmental stages of children.
FACS.LS7.20.02	Analyze the principles of human growth and developmental stages of children.
FACS.LS7.20.03	Plan a safe and healthy environment for children
FACS.LS7.20.04	Demonstrate techniques for positive interactions with children
FACS.LS7.20.05	Describe the importance of play for children at different developmental stages
FACS.LS7.20.06	Design and implement activities for children that reflect the principles of human growth and development

## ***Living Environments***

- FACS.LS7.30**            **Integrate knowledge and skills needed to plan a living environment for the family.**
- FACS.LS7.30.01        Demonstrate sanitation procedures for a clean and safe environment.
- FACS.LS7.30.02        Plan a home environment that provides safety and security and meets the needs of family members.
- FACS.LS7.30.03        Plan and create aesthetic home environment that provides safety and security and meets the needs of family members

## ***Nutrition***

- FACS.LS7.40**            **Demonstrate nutrition and wellness practices that enhance individual and family well-being.**
- FACS.LS7.40.01        Analyze factors that influence nutrition and wellness practices across the life cycle of family members.
- FACS.LS7.40.02        Evaluate the nutritional needs of family members in relation to health and wellness across the life cycle.
- FACS.LS7.40.03        Evaluate factors that affect food safety, from production through consumption.
- FACS.LS7.40.04        Plan nutritious family meals.

## ***Food Preparation***

- FACS.LS7.50**            **Integrate knowledge and skills required for individuals preparing food for family meals.**
- FACS.LS7.50.01        Demonstrate food safety and sanitation procedures.
- FACS.LS7.50.02        Demonstrate selecting, using, and maintaining food preparation equipment.
- FACS.LS7.50.03        Demonstrate preparation to produce a variety of foods for nutritious family meals in a food lab setting.
- FACS.LS7.50.04        Use reading strategies to analyze and follow recipes.
- FACS.LS7.50.05        Demonstrate proper measuring techniques.
- FACS.LS7.50.06        Demonstrate food presentation techniques and various table settings.
- FACS.LS7.50.07        Apply skills of teamwork and time management.

## ***Clothing and Textiles***

- FACS.LS7.60**            **Integrate knowledge and skills needed to make informed clothing and textile decisions for the family.**
- FACS.LS7.60.01        Demonstrate the ability to plan seasonal wardrobe needs utilizing a budget.
- FACS.LS7.60.02        Identify fiber and textiles materials.

FACS.LS7.60.03	Demonstrate skills needed to produce or repair textile products and apparel.
FACS.LS7.60.04	Construct a sewing project using the correct and safe operation of the sewing machine
FACS.LS7.60.05	Use reading strategies to analyze and follow written directions to producing a finished product.
FACS.LS7.60.06	Demonstrate correct measuring techniques.
FACS.LS7.60.07	Demonstrate the proper way to sew on a button and turn a hem.
FACS.LS7.60.08	Evaluate ongoing project construction and the finished project using the established criteria