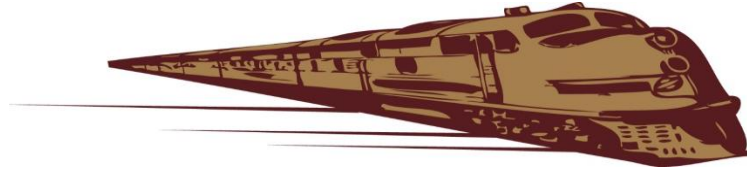


BRUNSWICK RAILROADERS ATHLETICS



2022 – 2023 Athletics

Athletics Starting Dates

Season	Starting Date
Fall	August 10, 2022
Winter	November 15, 2022
Spring	March 1, 2023



Athletes must be in attendance at all tryout sessions to be permitted to participate in any sport for that respective season.

FALL ATHLETES MUST BE AVAILBLE FROM AUGUST 10th THROUGH THE END OF THE SUMMER!!!

Program Media Resources

Athletes and families can use the following media sources to remain informed of news, events, and important dates for BHS Athletics.

Athletics Website

[Http://brunswickhs.rschoolteams.com](http://brunswickhs.rschoolteams.com)

MPSSAA State Athletic Website

www.mpssaa.org

Brunswick High School

<https://education.fcps.org/bhs/>

ATHLETICS PARTICIPATION REQUIREMENTS

Athletics Registration

- Online FCPS Athlete Registration must be completed for all individuals interested in participating in a sport.
 - <https://frederickcounty-ar.rschoolday.com>
 - Registration must be completed for each season an athlete plans to participate.
 - Fall Registration opens on July 15, 2022

Physical Examinations

- All athletes must submit the [FCPS Physical Exam Forms](#) completed by a physician, dated April 1, 2022 or later.

Health Insurance

- FCPS requires that each student athlete provide proof of health insurance.
- [School insurance](#) must be purchased if athlete does not have insurance coverage.

Interscholastic Athletic Fee

- FCPS requires that each student pay a non-refundable fee of \$95 for each sport in which he/she is a member.
- The on-line [School Cash](#) payment system will open following team selection.

2022-23 Athletics Information Open House

**Monday, August 8, 2022
6:00pm**

- 6:00pm – Athletics Overview (Auditorium)
- 6:30pm – Fall Sports (Team Meetings)
- 7:00pm – Athletic Boosters Meeting (Conference Room)

Important Dates

Fall Season

- Aug. 10 - First Day of Fall Tryouts
- Aug. 22 - Fall Athletic Pictures
- Aug. 22 - Fall Athletic Fees Due

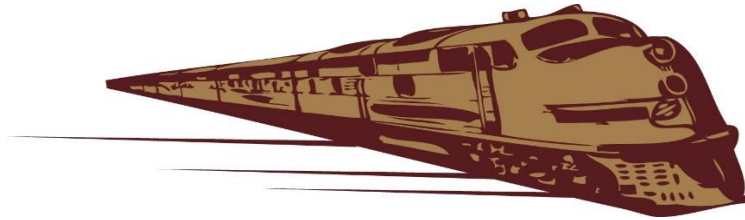
Winter Season

- Nov. 15 - First Day of Winter Tryouts
- Nov. 28 – Winter Athletic Pictures
- Nov. 28 – Winter Athletic Fees Due

Spring Season

- Mar. 1 – First day of Spring Tryouts
- Mar. 13 – Spring Athletic Pictures
- Mar. 13 – Spring Athletic Fees Due

BRUNSWICK RAILROADERS ATHLETICS



2022 – 23 Athletics Information

Fall Sports

Sport	Head Coach	E-Mail
Cheerleading	Kim Shank	Kimber.shank@fcps.org
Cross Country – Boys	Lee Zumbach	Zum50@hotmail.com
Cross Country – Girls	Anne Zumbach	Helen.zumbach@fcps.org
Field Hockey	Heather Shawver	Heather.shawver@fcps.org
Football	Jerry Smith	Jeremiah.smith@fcps.org
Golf	John Yoho	John.yoho@fcps.org
Soccer – Boys	Shawn Baker	Shawn.baker@fcps.org
Soccer – Girls	Dara Demich	Dara.demich@fcps.org
Tennis – Unified	Gaylene Gardner	Gaylene.gardner@fcps.org
Volleyball	TBD	

Winter Sports

Basketball – Boys	Larry Brown	Larry.brown@fcps.org
Basketball – Girls	Cindy Wilhelm	Cynthia.wilhelm@fcps.org
Bocce – Unified	Jennifer Reynolds	jenniferA.reynolds@fcps.org
Cheerleading	Kim Shank	Kimber.shank@fcps.org
Indoor Track & Field - Boys	Lee Zumbach	Zum50@hotmail.com
Indoor Track & Field - Girls	Anne Zumbach	Helen.zumbach@fcps.org
Swimming & Diving - Boys	Jeff Hubble	jbc_hubble@hotmail.com
Swimming & Diving - Girls	TBD	
Wrestling	Scott Tilles	ttilles@comcast.net

Spring Sports

Baseball	Roger Dawson	Roger.dawson@fcps.org
Lacrosse - Boys	John Kostolansky	Kosto31@comcast.net
Lacrosse - Girls	TBD	
Softball	Tony Russo	Anthony.russo@fcps.org
Tennis - Boys	Larry Collins	larryallencollins@yahoo.com
Tennis - Girls	Lee Zumbach	Zum50@hotmail.com
Track & Field - Boys	Jerry Smith	Jeremiah.smith@fcps.org
Track & Field - Girls	Anne Zumbach	Helen.zumbach@fcps.org
Track & Field - Unified	Gaylene Gardner	Gaylene.gardner@fcps.org